

# Fall and Safety Reporting



## How Can the Home Health Aide Assist in Preventing Falls?



# Fall and Safety Reporting



## Safety Measures

### Remind your client to:

- Ask for help when getting up
- Change positions slowly

### Maintain a safe environment:

- Clear clutter and wires to make safe pathways
- Remove or secure loose rugs or mats
- Encourage use of nightlights

### Assist your client to use:

- Non-slip, properly fitting shoes and socks
- Assistive devices, such as a cane or walker
- Glasses and hearing aids if needed

### Encourage and assist your clients to:

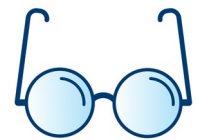
- Stay active
- Stay well hydrated and follow a healthy diet
- Maintain urinary continence

### Observe and report:

- Symptoms such as dizziness, confusion, or imbalance
- New or uncontrolled pain or non-verbal signs of pain
- Skin breakdown, especially on feet

### Before leaving your client assist them to the bathroom and ensure they have the important items within reach, such as:

- Phone
- TV remote
- Medications
- Eyeglasses
- Commode
- Snack or drink



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## If a client falls during your shift:

- **Do not** help the client off the floor.
- Call 911 if they have a possible head injury (change in consciousness), new pain, or bleeding that won't stop.
- Report any new pain, injury, change in consciousness or behavior after the fall.
- Report the fall to your supervisor at **212-609-4442**.

## If a client falls outside service hours:

- Ask the client when and how the fall happened.
- Check for any new pain, injury, change in consciousness or behavior.
- Report the fall to your supervisor at **212-609-4442**.



**A client is more likely to have a fall if they've fallen before. It is important to report all falls to help prevent future falls. Report to your supervisor at **(212) 609-4442**.**